

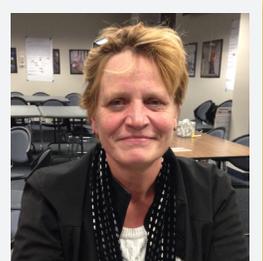
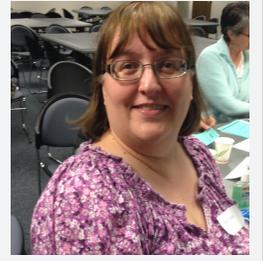
# Delegate & Leadership Training



SEIU Healthcare 1199NW  
**Leadership Academy**

These sessions are designed for SEIU Healthcare 1199NW leaders. The agenda includes small group discussions in the following:

- Learning about the role of a delegate
- Building our power to win
- Getting to know our union and our history
- Knowing our contract
- Identifying, filing and winning grievances
- Organizing our co-workers
- Learning about how to have effective committees and how to use evidence based practice



Upcoming training:

## May 14, 16, 17

Trainings are held at the Renton office in Room 330 from from 10:00 am to 5:00 pm. Registration at 9:30 am. Lunch Provided.



“When I first started work as a delegate with the union, I thought it was just all about representing other employees and bargaining contracts. Through the Training Academy and experience as a delegate, I now understand and talk about the union with my co-workers in a different way. I say ‘we are the union’, and ‘you need to get involved.’ In talking about the union in this way, I have so far gotten a nurse to delegate training, and have recruited nurses to this

Delegate Assembly and Lobby Day. These are the things that make us a strong union.”

**Yolanda King-Lowe, Staffer, Nursing Resource Center, Swedish Medical Center**

Directions to our office:

On I-5 Northbound

1. Take the I-405 NORTH/WA exit #154 towards Burien/Renton. Keep RIGHT at the fork in the ramp.
2. Merge onto I-405 N. Take the WA-167 exit #2 towards Renton/Auburn.
3. Keep left off the ramp, then right, then get ready to turn right onto S. Grady Way.
4. Turn right at the first light and follow the road back to the Evergreen Building.

On I-5 Southbound

1. Take the I-405 North exit # 154A on the left towards Renton.
2. Merge onto I-405 N. Take the WA-167 exit #2 towards Renton/Auburn.
3. Keep left off the ramp, then right, then get ready to turn right onto S. Grady Way.
4. Turn right at the first light and follow the road back to the Evergreen Bldg.



**SEIU Healthcare**  
United for Quality Care

DT Blitz 041214/training

## Delegate & Leadership Training Registration Form

\_\_\_\_\_  
Name

\_\_\_\_\_  
Chapter

\_\_\_\_\_  
Home Email

\_\_\_\_\_  
Cell Phone

### I'll be there!

- May 14**
- May 16**
- May 17**

Yes I am interested in childcare.  
Age of my child: \_\_\_\_\_

Yes! I will get my delegate petition signed by 50%+1 of my co-workers and bring to the training.